Cheesy Garlic French Bread Pizza with Marinara Sauce Pears Juice & Milk

Turkey and Cheese Nachos Corn & Black Beans Fresh Fruit Juice & Milk

Breaded Chicken Leg and Soft Pretzel Baby Carrots Peach Cup OR Strawberry Cup Juice & Milk

Vegetarian Pizza Pack Caesar Salad Veggie Dippers Fresh Fruit Juice & Milk

Hamburger Seasoned Spiral Fries Peaches Juice & Milk

### Monday

**Oven Directions**
- Cook from frozen. Preheat oven to 400F.

**French Bread Pizza:** Place pizza on a lined sheet pan. Bake for 18-20 minutes.

**Marinara Sauce:** Check out microwave directions for best quality.

### Tuesday

**Oven Directions**
- Cook when THAWED.* Preheat oven to 350F.

**Nacho Meat and Queso Cheese**
- Transfer to oven-safe container. Cover with lid or foil. Heat for 12-15 minutes. Remove from oven, uncover, and stir before serving.

**Microwave Directions**
- Cook from frozen. Cook all foods on microwave safe plates.

**French Bread Pizza:** For best quality, see oven directions.

**Marinara Sauce:** Transfer to microwave safe container. Heat on high for 60 seconds. Stir before serving.

### Wednesday

**Oven Directions**
- Cook from frozen. Preheat oven to 375F.

**Breaded Chicken Leg:** Place chicken leg on sheet pan. Bake for 35-40 minutes.

**Soft Pretzel:** Lightly mist frozen pretzel with water. Sprinkle with salt if desired. Place on sheet pan and bake for 4-6 minutes.

**Microwave Directions**
- Cook from frozen. Cook all foods in microwave safe bowls.

**Nacho meat and Queso Cheese:** Transfer nacho meat and queso cheese to a microwave safe container. Cover container with damp paper towel. Heat on high for 60 seconds. Remove and stir before serving.

### Thursday

**Oven Directions**
- Cook when THAWED.* Preheat oven to 350F.

**Breaded Chicken Leg:** Place chicken leg on sheet pan. Bake for 35-40 minutes.

**Soft Pretzel:** Lightly mist frozen pretzel with water. Sprinkle with salt if desired. Place on sheet pan and bake for 4-6 minutes.

**Microwave Directions**
- Cook from frozen. Cook all foods in microwave safe bowls.

**Nacho Meat and Queso Cheese:** Transfer to microwave safe container. Cover container with damp paper towel. Heat on high for 60 seconds. Cover container with damp paper towel. Heat on high for 60 seconds. Remove and stir before serving.

### Friday

**Oven Directions**
- Cook from frozen.

### Pre-Orders

*Pre-Orders have to be in no later than Thursday 4PM*

### General Directions

- **ALLERGEN:** Queso Cheese & Croutons are produced in a facility that processes Tree Nuts.
- Appliances vary, heating times given are approximate and may need to be adjusted.
- *Recommend to THAW all foods in the refrigerator.

*Keep hamburger bun frozen until ready to use. Thaw 12-24 hours in the refrigerator or at room temperature.*
# Breakfast Suggested Menu

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Subject to change based on availability</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turkey Sausage Biscuit Juice &amp; Fruit Milk</td>
<td>Cereal Juice &amp; Fruit Milk</td>
<td>Chicken Biscuit Juice &amp; Fruit Milk</td>
<td>Cheese Stick &amp; Crackers Juice &amp; Fruit Milk</td>
<td>Maple Glazed French Toast Sticks with Turkey Bacon Fruit &amp; Juice Milk</td>
</tr>
</tbody>
</table>

**StoveTop Directions**
- **Cook from frozen.**

**Sausage Patty:** Place sausage in a cold non-stick skillet. Heat skillet to Medium and cover. Turn patty over occasionally for even cooking for 8-10 minutes.

**Oven Directions**
- **Cook from frozen.**

Preheat oven to 350F.

**Chicken Patty:** Place patty in a single layer on a lined sheet pan. Heat for 14-18 minutes.

**Biscuit:** Place biscuit on a sheet pant. Heat for 10-12 minutes or until hot.

**Microwave Directions**
- **Thaw* and Microwave:** Cook all foods on microwave safe plates.

**Biscuit:** Wrap biscuit in a damp paper towel. Heat on high for 25-30 seconds. Remove and serve.

**Chicken Patty:** For best quality use Oven Directions.

**French Toast Sticks**
- Place in a single layer glaze side up on a lined sheet pan. Bake for 12 minutes.

**Bacon:** Place bacon on sheet in a single layer. Heat in oven for 4-6 minutes.

**PLEASE READ**

- Please wash all fruit before eating.
- Remove all foil before microwaving.
- Sun Cups are 100% Fruit Juice. Drink within 2 hours or place in the refrigerator.
- Keep milk and juice chilled for best flavor.
- USE ALL ITEMS BY THEIR EXPIRATION DATE OR WITHIN 5 DAYS.
  - Appliances vary, heating times given are approximate and may need to be adjusted.
  - *Recommend to THAW all foods in the refrigerator.

This institution is an equal opportunity provider.